



Institute Mater Dei

Santa Monica Convent, Old Goa - 403 402

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Website: www.institutematerdei.org

To

All our dear Rev. Major Superiors,

Sub: Request to send Sisters for the Courses offered at Institute Mater Dei, Old Goa

Founded in June 1964 following the vision of Archbishop J. Knox, then India's Inter-Nuncio, the **Institute Mater Dei (IMD)** was established at the historic Santa Monica Convent, Goa, as a centre for higher ecclesiastical studies and formation of women religious. Beginning with 58 students, IMD remains the **only institute managed by the Conference of Religious Women India (CRWI)**.

Inspired by the spirit and directives of the **Second Vatican Council**, IMD has grown into a renowned centre for renewal, theological formation, and empowerment of women religious. It symbolizes a deep spiritual quest and a faithful response to God's call to grow "to the full stature of Christ" (Eph 4:13).

Over the past six decades, **more than 6,000 women religious from India and other Asian countries** have been formed at IMD, equipping them to respond creatively to contemporary challenges in service of the Church and humanity through all the Congregations in India.

Institute Mater Dei under the patronage of Mother of God, welcomes all her Children with open arms to have an experience of deeper commitment of Communion and Mission through theological updating and Spiritual Progression. Active and lively Liturgy, timely reception of Sacraments, dynamic community Life, regular Spiritual exercises, spiritual direction and accompaniment, Lectures on the current issues, regular evaluation are the hall marks that encourage and enhance the participants for the servant Leadership in the church and the society.

As Major Superiors and members of CRWI we can proudly say that we are its owners and it is our bounden duty to encourage and foster its growth.

Hence, I take this as my prime duty to request you to consider sending your sisters to Mater Dei Institute, Old Goa, a place of serenity and spiritual depth for our comprehensive theology and formation courses, short term courses and choice-based courses for a term of your eclectic choices as stewards of God's mission in the society and the world.

The main courses that we offer:

1. **Formators Course:** One Year Programme for Future Formators
2. **Theology:** One Year Programme for Finally Professed and Juniors
3. **BRS:** Bachelor of Religious Science – **3 years Programme** in Theology cum Philosophy

Short duration Courses:

❖ For Future Formators seeking short duration course and for Participants engaged in active ministry, seeking Reflective Pause, Renewal and Refreshment.

1. Psycho Spiritual Integration – Three (3) months Programme (September to December)

❖ For Tertians in each Congregation

1. Theology – Six (6) months Programme for Tertians and Juniors
2. Theology and Psychology – Six (6) Months for Tertians
3. Theology and Psychology – Three (3) Months for Tertians and Juniors
4. Theology and Psychology - Two Months for Tertians
5. Theology and Psychology - One Month for Tertians

We are aware that most of the Congregations conduct Tertianship Programmes on their own. We offer a suggestion that the same sisters can be sent to Mater Dei for a Month or Two to attend the courses offered besides other programmes in your Congregation.

❖ One Month Course:

1. One Month Biblical Course from 8th April to 8th May 2026

❖ Renewal and Refresher Courses:

1. Refresher and Renewal programme for Silver Jubilarians – 1 month
2. From Tradition to Transformation: Forming Gen Z and Alpha Generation Formees - **Refresher Programme for Formators – 1 Week**
3. Training on Basic Counselling Skills – 1 Week
4. Mid-life: A time to Pause, Reflect and Renew – 15 Days
5. Artificial Intelligence applications for Pastoral Ministry – 1 Week
6. Training on Grievance Redressal – 1 Week
7. Training on Safeguarding – 1 Week
8. Media and Communication – 1 Week
9. Prophetic Presence in the Pluralistic India through Pastoral Ministry – 10 Days

Eclectic Courses availability:

You can send your Sisters at any time of the year from June to March

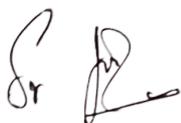
- By choosing any topic that interests you or needed most for the growth and wellbeing of the Sisters, Society and the Congregation from the Syllabus.
- This choice can be made by you for a week or few months duration.

Note: The dates of the short-term programmes and Course Syllabus for the regular programmes will be uploaded in our website for your reference and choice.

Website: <https://institutematerdei.org>

We are grateful to your support extended and encouragement to Institute Mater Dei in different ways. Looking forward to welcome our Sisters to the portals of IMD.

With Hope and Joy



Sr. Margaret Juli SSAM
Superior
Institute Mater Dei
Santa Monica Convent
Old Goa - 403402